

OUTDOOR ADVENTURES

Day Snowshoeing Packing List

Dress for cold weather! While packing/dressing for this trip please do not wear cotton especially next to your skin. Keep in mind that it will be cold, you will exert yourself while hiking, and you may get wet/snowed on. You can always take layers off, but you can't add layers if you don't have them! Inner clothes should be made of wool, synthetic, fleece,...remember...no cotton! Outer layered clothes should be water/rain resistant, synthetic, softshell and/or down.

- Items marked ** are available for rent from Outdoor Adventures (free of charge)
- Items marked *** are available for purchase from Outdoor Adventures
- Bring money for food/snacks during travel

Clothing

- Ski shell/softshell jacket**
- Shell Pants**
- Insulated jacket **
- Thinner mid-layer insulating jacket (wear under main insulating jacket and ski shell)
- Warm synthetic base layer – top and bottom
- Warm hat
- Synthetic briefs & sports bra
- Change of clothes for camp/travel

Optional Items

- Journal/book
- Personal thermos
- Camera, waterproof case
- Reading material

Footwear

- Hiking Boots
- Neos waterproof overboot**
- Gaiters**
- Wool/synthetic socks
- Travel footwear/warm booties

DO NOT BRING

- Drugs
- Alcohol
- Firearms
- Fireworks

Accessories

- Sunglasses with UV protection
- Buff/balaclava
- Headlamp** & extra batteries

Equipment

- 20-40L day pack**
- Water bottles (at least 2 liters or 64 oz. Insulated is best otherwise might freeze. Water Bladders not recommended unless insulated.)
- XC Ski Poles**

Toiletries

- Sunscreen (at least SPF 30)
- Lip Balm (SPF recommended)
- Personal medication**
- Feminine products