

# FreshMAIL

Welcome to the U, class of 2027!



We got through move-in, classes are well under way, and your university student is acclimating to campus life. We know there were some bumps – and probably lots of tears – but we're on our way!

Thank you to all the **parents and supporters** for all your hard work in helping your student transition into this new phase of their lives.

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## Make sure you don't miss any important dates!

Do you know when students can register for Spring classes? Or when fall break is? Stay in the loop with our calendar of events, so you can stay on track.

## Student Mental Health Resources

We understand that for some college freshman, moving away from home and the transition from high school to university can be especially overwhelming. One of our top priorities is ensuring that we're providing the resources that our students need to be safe, healthy, and successful during their time on campus. Those resources include mental health, from counseling to crises response, available to students anytime, anywhere.

[FIND RESOURCES](#)

If you missed any of our Fresh Start Webinars, [click here](#) to watch the recordings.

And stay tuned for more to come during Spring semester.

## There was *unprecedented* registration for U Family Weekend 2023.



Registration is now closed, and we have had the highest number of registrants compared to prior years. We're thrilled by the interest in this year's events and are looking forward to welcoming those who can join back to campus. Be sure to sign up for our SMS text message notifications for updates.

[SIGN UP FOR TEXT ALERTS](#)

If you have any questions or need additional assistance, please feel free to contact us at [utahfresh@utah.edu](mailto:utahfresh@utah.edu) or 801-213-1800. Thank you for being a part of our U Family, we're glad you're here!

The Utah Fresh Team

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