



As we roll into February, the end of the semester is looming on the horizon. There are a myriad of ways for students to engage, socialize and plan for the upcoming summer. Check out our resources and upcoming events to ensure you are eeking out the most of your college experience!

We are so excited to launch the first ever Spring U Family Weekend. We hope you'll join us for immersive experiences, exploration across campus and opportunities to socialize with other students, faculty and staff. Find more information below. *

*'We have made the difficult decision to shift the Spring U Family Weekend programming to our Fall Family Weekend. We understand that some of you may be traveling in from out of state to join your

student on campus and want to extend the offer to participate in our Friday Night Hype event <u>Trivia</u> <u>Night</u> on February 28th. This event should be an absolute blast, with a live student band, food, drinks, and lots of laughs.

U Family Weekend



Join us in the Fall for U Family Weekend.

More information to come.

Resources



It's time to start thinking about summer...jobs, <u>internships</u> and <u>classes</u>. U Career Success offers myriad resources to rev up your summer plans.



Ever wonder how to repair or maintain your own ski or snowboard? <u>Outdoor Adventures</u> can show you. Learn the art of P-Tex, bring your own skis and get some stoke!



Get a free headshot any Wednesday at the Library <u>Video Studio</u> Room from 11am-1pm, Room 1705.

Webinar

Demystifying Undergraduate Research

February 18th at 12pm MST

What is research? And how might you and your student benefit from participating in research opportunities with award-winning faculty and research teams at the University of Utah?

Attend this session to learn more about the <u>Office of Undergraduate Research (OUR)</u> whose mission is to facilitate and promote undergraduate student-faculty collaborative research and creative works in all disciplines throughout the University of Utah campus. This session will also discuss the benefits of participating in research.

Not only does the University have paid opportunities for students to participate in research, but students who do research develop undeniable skills that will allow them to succeed in their post graduate endeavors, whether that is graduate school or in the work-force.

REGISTER FOR THIS WEBINAR

Find out about student events, free food and awesome activities <u>@utahstudentlife</u>

Student Social Events

- February 5th Explore the Cosmos at <u>Astronomy Night 2025</u> at the <u>Utah Museum of Natural History</u>.
- February 6th <u>Skills Shop</u> Learn a new digital Skill with a hands-on workshop. <u>Harriman Campus</u>
 Juniper Building 205 Digital Learning Center.
- February 7th <u>Friday Night Hype</u> RedShred at Brighton free ski night for students, registration is required
- February 11th <u>Union Programing Council</u> Cupids Country Shuffle, Union Ballroom, Registration: \$6 Single/\$10 Couple
- February 14th <u>Friday Night Hype</u> Color Crush 6pm at Crimson View free painting and fondue night.
 The most romantic place on campus
- February 20th Lassonde Make It: Granny Squares Learn basic crochet skills. Open to all skill levels, space is limited.
- February 21st <u>Friday Night Hype</u> Banff Mountain Film Festival at Kingsbury Hall Trail Mix salad, student section and giveaways. The is the BEST outdoor film festival in North America! Space is limited.
- February 28th Friday Night Hype U Trivia Night at the Union. U Career Success, Friday Night Hype and U Family Weekend converge on what we hope to be the largest EVER trivia night on campus. Join us for live student music, trivia in all shapes and sizes and free food.

Looking for a part-time gig?



Heard of <u>Friday Night Hype</u>? Seen our events? Be part of this dynamic group of Hype Squad students getting the word out about campus events every week.

We are looking for social media content creators to help us create MORE hype each week. Get creative, have fun doing it! Spring semester, \$15/hour, great resume builder and awesome campus connections.

To apply, follow us <u>@UtahStudentLife</u> and DM us your social handles and ideas for original content.



University Highlight



Each phase of the student journey offers unique pressure and anxiety. And, each student experiences these phases differently. Conversely, one of the best parts of being a student at the U is the access to the outdoors. Hiking, biking, skiing are literally steps off campus.

The <u>mental health pod squad</u> brings these two together with actionable resources for students along their journey.

Important Dates & Deadlines

- February 3rd Summer 2025 <u>class schedule</u> available
- February 16th Upper Division LLC and Traditional room reservation deadline
- February 17th No classes, Presidents Day
- February 28th Last day to withdraw from classes
- March 9-16 Spring break, no classes

If you have any questions, feel free to contact us at belong@utah.edu or call 801-213-1800.

You can also schedule a time to meet with Michelle.

Office of Student Experience

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